



## REGULATION OF THE TOUR DU GRAND PARADIS - TROFEO RENATO CHABOD 2024

### Art. 1 ORGANISATION

"Sci Club Valsavarenche" in collaboration with the municipal administration, the Pro loco and the Mountain Guide Association "Grand Paradis" organizes a promotional **INDIVIDUAL** ski-mountaineering competition with classical equipment, named: "**TOUR DU GRAND PARADIS - TROPHÉE RENATO CHABOD – 1<sup>er</sup> MEMORIAL JOCOLLE PIERINO**".

### Art. 2 PLACE AND DATE

The event will take place **SUNDAY 14 APRIL** in Valsavarenche with a start in line in the location of **PRAVIEUX** for the **ASSOLUTI** category and the arrival to **PONT** of **VALSAVARENCHÉ**.

Departures and arrivals for the **GIOVANI** category will be in **PONT** of **VALSAVARENCHÉ**.

**08:00** (to be confirmed): departure of **ASSOLUTI** category

**09:00** (to be confirmed): departure of **GIOVANI** category

### Art 3 ADMITTED CATEGORIES

- **GIOVANI MEN AND WOMEN** (born on 2004-2005-2006-2007)
- **ASSOLUTI MEN AND WOMEN** (born on 2003 and before)

### Art 4 RACE TIMING SERVICES

Wedosport and "Sci Club Valsavarenche" are responsible for the race timing services. The electronic chip system will be used.

### Art 5 PRIVACY

Registering at the competition, athletes authorize that issued personal data, sensitive and non-sensitive, can be used for all purposes directly or indirectly related to the event. In addition, each athlete authorizes the organizing committee to use images, photos and interviews for promotional purposes, without being entitled to any kind of remuneration.

### Art 6 INDIVIDUAL EQUIPMENT REQUIRED FOR ALL CATEGORIES

- **bibs** : must be worn clearly visible on **BACKPACK AND RIGHT LEG**
- **ski mountaineering skis**
- **a pair of bindings**
- **ski stoppers** : the use of the ski stopper is recommended but not mandatory;
- **a pair of ski mountaineering boots (\*)**
- **a pair of poles**
- **a thermal blanket**
- **avalanche transceiver (ARTVA)**
- **a snow shovel with handle**

- a snow probe
- a rucksack
- two pairs of climbing skins
- a whistle;
- **Garments for the upper part of the body:** three layers in the competitor's size:
- **Garments for the lower part of the body:** two layers
- A helmet
- A pair of gloves, which must be worn throughout the length of the race;
- Hat or headband;
- A pair of glasses or a visor
- 2 mosquettons
- a pair of crampons
- a UIAA standard 105 approved **harness**, not modified
- **lanyard** certified for use in a UIAA approved "fixed-aid kit " under standard 121

(\*) For the GIOVANI CATEGORY (U16-U18 categories) it is forbidden to use structured full carbon boots (including Carbon composites or similar: Kevlar, Aramite, etc.)

The organizers reserve the right to reject any component of the competitor's equipment, which may be considered defective or inappropriate.

*Each athlete is aware and directly responsible for all the material used during the race. By the act of the registration, the athlete guarantees the technical efficiency of the material and its conformity to the present regulations. For safety reasons, each individual athlete must carry his or her own equipment throughout the various legs of the competition, with the exception of skis and climbing skins. Skis must be anchored to the back of the backpack (not to the front, from shoulder strap to shoulder strap), using the safety strings provided. Once the competition is underway, materials may be replaced only in case of proven breakage: the inspection of the broken equipment will be done at the nearest check point, and the notification of the equipment replacement must be promptly sent to the organizers. The organizers are not responsible for providing any replacement materials in case of breakage or damage.*

## **Art 7 TIME LIMIT**

A maximum time is set for the race. Participants who do not reach the different intermediate points / the arrival within the allowed time are in any case excluded and will not appear in the final ranking.

## **Art. 8 – JURY, PENALTIES AND DISQUALIFICATIONS**

The jury will be composed by 2 members of the organizing committee and by the race director who have unquestionable decision-making power.

The present regulation is based on FISJ and the ISMF regulations.

## **Art. 9 – REGISTRATION**

### **HOW**

On-line on the website [www.wedosport.net](http://www.wedosport.net) by filling in the appropriate form. Payment can be done by credit card and bank transfer.

Registration will open on **10th february** and close on **12th april at 12:00** or upon the subscription of 200 athletes (in total for all categories).

Registration implies the fully acceptance of the present regulation.

**For registering, it is compulsory to have an insurance and a FISI card or the insurance and a sports medical certificate for competitive activities.**

### **REGISTRATION FEES**

**GIOVANI category: € 35,00**

**ASSOLUTI CATEGORY: € 55,00**

Registration fees include:

- organization, safety and technical assistance services and refreshments along the competition routes;
- 1 competition pack consisting in a **special hoodie Tour du Grand Paradis BY ENERGIAPURA (a unique piece not existing on the market)**
- Sunday closing lunch;
- bibs and timing chips

**For overnight stays the following accommodation facilities can be contacted:**

- Hotel Gran Paradiso Fraz. Le Pont – 11010 Valsavarenche (AO) Tel. +39 0165 95454-0165 95318 – 0165 95074 info@hotelgparadiso.com; <http://www.hotelgparadiso.com/>
- Hotel A L'Hostellerie du Paradis Fraz. L'Eau-Rousse 18 – 11010 Valsavarenche (AO) Tel. +39 0165905972 – 0165905971, info@hostellerieduparadis.it; [www.hostellerieduparadis.it](http://www.hostellerieduparadis.it)
- Agriturismo Lo Mayen Fraz. Bien – 11010 Valsavarenche (AO) Tel. +39 0165 905735, lomayen@tiscali.it
- B&B Affittacamere Vers le Bois Fraz. Vers-le-Bois – 11010 Valsavarenche (AO) Telefono: +39 349 2509879 info@verslebois.it ; <http://www.verslebois.it>

For further information on the logistics or the registration, please contact the organization: Silvia Blanc +39 339 8909283 - info@tourdugrandparadis.it

### **REFUND**

**In case the athlete decide to withdraw from the competition, registration fee will be refunded according to the following conditions only:**

**Before 03/04, the registration fee will be 100% refunded.**

**After 04/04 no refunds will be foreseen.**

**Refunds will be executed by the organization in a short time, however no later than 30/04/2024**

### **Art. 10 – BIB PICK - UP, BRIEFING AND EVENT PROGRAM**

**SATURDAY 13 APRIL 2024**

**from 15.00 to 18.00** in Dégioz - Valsavarenche at the CONSIGLIO MUNICIPIO - OFFICE "UFFICIO GARE": delivery of competition packs including bibs and timing chips by Wedosport, vouchers for Sunday lunch and participation awards.

**18.00** briefing followed by a musical aperitif

## **SUNDAY 14 APRIL 2024**

### **ASSOLUTI MEN AND WOMEN CATEGORIES**

06.30-07.30 - AT PRAVIEUX: DELIVERY OF COMPETITION PACKS, BIBS AND TIMING CHIPS, MEAL VOUCHERS.

07.30-07.50 - DEPARTURE AREA ENTRANCE, CHECK OF THE AVALANCHE TRANSCEIVER (ARTVA), LAST BRIEFING

07.50-08.00 – RACE START (IN LINE) (with the possibility of different starts)

10.00 (approximately) – ARRIVAL OF THE FIRST ATHLETES IN PONT

### **GIOVANI MEN AND WOMEN CATEGORIES**

07.00-08.00 – AT PONT: DELIVERY OF COMPETITION PACKS, BIBS AND TIMING CHIPS, MEAL VOUCHERS.

08.00-08.50 - DEPARTURE AREA ENTRANCE, CHECK OF THE AVALANCHE TRANSCEIVER (ARTVA), LAST BRIEFING

08.50-09.00 - RACE START (IN LINE)

From 12.30 – CLOSING LUNCH in the different restaurants indicated on the delivered meal voucher.

14.30 AT DEGIOZ in front of MUNICIPIO (town hall) AWARD CEREMONY with reach prizes by drawing lots (see art. 13 for prize-giving)

**Schedule and times may be changed.**

## **Art. 10 – RACE COURSE AND BEHAVIOUR**

### **RACE COURSE**

#### **GIOVANI**

Departure from Pont (1960 mt.) along the Grand Etret valley, after the mountain pasture of the Grand Etret (2200 mt. ) up to an altitude of 2350 mt, **1<sup>st</sup> change of equipment configuration (itinerary on foot)**, the course then goes uphill for about 100 meters of altitude at 2450 mt., then **2<sup>nd</sup> change of equipment configuration (change of skins)**, arrival at an altitude of 2700 mt., **3<sup>rd</sup> change of equipment configuration (descent starting)**, the course goes downhill under the “Denti di Broglio” to reach then the upper part of the Grand Etret valley, The course descends into the valley to the Finish line in Pont (1960mt).

**Total positive elevation gain: +740 mt environ**

**Total elevation loss: - 700 mt environ**

#### **ASSOLUTI**

Departure from **Pravieux – Pessey** (1834 mt) at 08.00 (there is a chance that there will be two starts at 07.45 and 08.00). On the first part, the course follows the summer trail, arrived at the mountain pasture Lavassey (2195 mt.), it continues along the Montandayné valley, at around 2650 mt. of altitude, **1<sup>st</sup> change of equipment configuration (itinerary on foot)**, arrival at the F. Chabod refuge (2710 mt), **1<sup>st</sup> refreshment post, 2<sup>nd</sup> change of equipment configuration (descent starting)**. The course goes downhill near the mountain pasture of Laveciau and at about 2350 mt., **3<sup>rd</sup> change of equipment configuration (change of skins –second uphill)**, at about 2740 mt., **4<sup>th</sup> change of equipment configuration (itinerary on foot)**, arrival at an altitude of 2845 mt., at “Testa di Moncorvé”, **5<sup>th</sup> change of equipment**

**configuration (uphill with skins on)**, arrival at the base of the Gran Paradiso glacier (about 3100 mt.), **6<sup>th</sup> change of equipment configuration (second downhill)**, arrival at the Vittorio Emanuele II refuge (2734 mt.), **7<sup>th</sup> change of equipment configuration (change of skins – third uphill)**, **time barrier (2h 30 min)**, **2<sup>nd</sup> refreshment post**. The course then goes uphill at the bottom of the Ciarforon (about 3000 mt), **8<sup>th</sup> change of equipment configuration (change of skins – third downhill)**. On a slight downhill the course will traverse below the Monciar and the “Denti di Broglio” to arrive in the upper part of the Grand Etret Valley. The course goes then downhill to the Finish line in Pont (1960 mt).

## ELEVATION GAIN AND LOSS – COMPLETE RACE COURSE

### Detail of the elevation gain and loss

1<sup>st</sup> uphill: +900 mt.  
1<sup>st</sup> downhill: -350 mt.  
2<sup>nd</sup> uphill: +700 mt.  
2<sup>nd</sup> downhill: -400 mt.  
3<sup>rd</sup> uphill: +300 mt.  
3<sup>rd</sup> downhill: -1050 mt.

**Total positive elevation gain: +1900 mt environ**

**Total elevation loss: -1800 mt environ**

For any technical information you may contact G.A. MARTIN Ilvo, Ph. +39 347 8773097

**NUMBERS:** must be worn clearly visible on **BACKPACK AND RIGHT LEG**.

**CHANGE OF EQUIPMENT CONFIGURATION** (change of skins): Change of the skins must be carried out exclusively in the dedicated areas without any outside help. Check along the race course will be foreseen.

**WASTE DISPOSAL:** The abandonment of waste or other materials is strictly prohibited outside the exchange zones and **ENTAILS DISQUALIFICATION**.

**RACE COURSE SIGNAGE:** the entire race course is marked with flags;

**MUTUAL AID:** Participants must help each other in case of accident;

**WITHDRAWAL OR ABANDONMENT:** It is mandatory to notify the nearest exchange zone or to the race officer the withdrawing from the race, for whatever reason.

## Art. 11 – RESPONSIBILITY

The organization, considering the nature of the competition, declines any responsibility for any incident to the participants or to third parties that occurs as a result of the conduct of the race.

## Art. 12 COURSE CHANGES

The organization may, at any time and for any reason, modify the race course or this regulation as it deems appropriate, in relation to the safety of the participants and the regular course of the event. Any changes will be announced during the briefing that will take place the day before, or will be posted at the start or communicated during the race itself.

## **Art. 13 AWARDS**

### **FINAL RANKING ASSOLUTI men and women**

1<sup>st</sup> - € 500,00

2<sup>nd</sup> - € 400,00

3<sup>rd</sup> - € 300,00

4<sup>th</sup> - € 150,00

5<sup>th</sup> - € 100,00

from 6th to 10th - € 55,00

### **FINAL RANKING GIOVANI men and women**

1<sup>st</sup> - € 200,00

2<sup>nd</sup> - € 150,00

3<sup>rd</sup> - € 100,00

4rd and 5th - € 40,00

**The 9<sup>th</sup> “Trofeo Renato Chabod” will be awarded to the top three ASSOLUTI rankings men and women.**

**The award “MEMORIAL PERINO JOCOLLE” will be awarded to the first absolute rankings of the Young Category men and women.**

**There will also be about 50 RAFFLE PRIZES.**